



MEDIA ADVISORY

For Immediate Release

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Healthy Heart for the Holidays Festival

Lancaster, TX – December is here and it's that time again to spread holiday cheer! Join us on Saturday, December 13, 2014 at 5:00 p.m. for the Healthy Heart for the Holidays Festival at the Recreation Center, Lancaster Veterans Memorial Library and Lancaster Community Park, located at 1700 Veterans Memorial Parkway in Lancaster. The festivities will begin immediately following the Sights and Sounds of Christmas Parade. Parking will be available at the Lancaster Tiger Stadium located at 200 E. Wintergreen Road, and free transportation will be provided to bring participants to and from the festival.

The Healthy Heart for the Holidays Festival will kick off as we name this year's parade participant winners, as well as recognize our Hometown Hero. Mayor Marcus E. Knight will lead us in a traditional Christmas tree lighting. Activities will include: Pictures with Santa, letters with Santa, Santa's workshop, puppet show, Christmas cinema, fun fitness demonstrations, live entertainment, vendor booths and much more!

For more information about the Healthy Heart for the Holidays Festival contact the Quality of Life and Cultural Services Department at (972) 218-3706 or visit, www.lancaster-tx.com/ChristmasinLancaster.

The City of Lancaster invites you to "like" the City on [Facebook.com/CityofLancasterTX](https://www.facebook.com/CityofLancasterTX), follow us at [Twitter.com/Lancaster_TX](https://twitter.com/Lancaster_TX) or register for weekly e-mail alerts regarding upcoming events on our website at www.lancaster-tx.com by clicking on "Notify Me".

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