



CALENDAR ADVISORY

For Immediate Release

Wednesday, December 24, 2014

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City of Lancaster January 2015 Activities, Programs & Special Events

Lancaster, TX – The City of Lancaster invites you to stay connected with us! “LIKE” us on Facebook ([Facebook.com/CityofLancasterTX](https://www.facebook.com/CityofLancasterTX)), follow us on Twitter, ([Twitter.com/Lancaster_TX](https://twitter.com/Lancaster_TX)) and register for the Lancaster Live, weekly e-mail subscription that includes upcoming events and valuable information. To sign up for the Lancaster Live and to view more upcoming events, visit us online at www.lancaster-tx.com.

The City of Lancaster invites you to participate in the following upcoming activities, programs and special events: All City-wide special events are highlighted in blue.

Daily Events

City-Wide:

Every day is a GREAT day to adopt a pet from the Lancaster Animal Shelter!

View all available pets online at www.lancaster-tx.com/adoptapet or come visit them in person at 690 E. Main St. in Lancaster. The Lancaster Animal Shelter is open from 8:30 a.m. to 5:00 p.m. on Mondays, Tuesdays, Wednesdays and Fridays and adoption appointments are available upon request from 5:00 p.m. to 7:00 p.m.; the shelter is also open on Thursdays from 1:00 p.m. to 7:00 p.m. and on Saturdays from 10:00 p.m. to 4:00 p.m. The Lancaster Animal Shelter can be reached at 972-218-1210 or 972-218-1201. Adopt a pet, **TODAY!**

Recreation Center:

Fitness/Lap Swim

Monday – Friday, 6:30 a.m. – 8:30 a.m. and 10:00 a.m. – 12:00 p.m.

Mondays and Wednesdays, 6:30 p.m. – 8:30 p.m.

Saturdays, 10:00 a.m. – 11:45 a.m.

Swim for fitness during the mornings, afternoon or evenings.

Body Pump – Self Pace Program for Adults

Monday – Friday, 8:00 a.m.

This program is a conditioning and weight training self-paced program using stationary weight equipment, and a variety of exercises for each weight station. Free with Fitness Atrium membership.

Zumba Fitness for Adults

Monday, Wednesday and Friday mornings, 8:00 a.m. – 9:00 a.m., \$25 per month

Monday and Wednesday evenings, 6:00 p.m. – 7:00 p.m., \$25 per month

Tuesday and Thursday evenings, 6:00 p.m. – 7:00 p.m., \$20 per month

Saturday mornings, 8:00 a.m. – 9:00 a.m., \$15 per month

Zumba is a fitness class that blends upbeat world rhythms with easy-to-follow choreography, for a total-body workout that feels like a celebration.

Morning Water Aerobics

Monday – Friday, 9:00 a.m. – 10:00 a.m., \$20 per month, \$5 drop in

Have you ever noticed how challenging it is to walk through a swimming pool? The resistance provided by water makes it a great course for all fitness levels. It is low-impact, yet increases stamina and strength.

Group Swim

Monday – Friday, 10:00 a.m. – 12:00 Noon, Admission \$3 per swimmer

We offer a special daily swim time for children who are home schooled or day care groups.

You must register in advance to attend. For more information, contact the Aquatic Coordinator at 972-218-3700.

Power Hour Power Walk

Monday – Friday, 12:00 Noon – 1:00 p.m., Free with Rec ID card

Make the most of your lunch hour! For those looking for a low-impact option, join others to power walk on our climate-controlled, indoor walking track.

Fitness Atrium Orientation

Monday - Thursday, 9:00 a.m. – 6:00 p.m.

Saturdays, 8:00 a.m. – 4:00 p.m.

\$20 per month Resident or \$25 per month Non Resident

Annual Pass, \$160 per year Resident or \$200 per year Non Resident

The Orientation will teach you the basics of using fitness equipment in a safe and productive manner to minimum injuries. Scenic views to inspire you during your workout, state of the art equipment, multiple televisions, and locker rooms make it easy to fit in a workout.

Personal Fitness Program Assessments

Monday - Thursday, 9:00 a.m. – 6:00 p.m.

Saturdays, 8:00 a.m. – 4:00 p.m.

Recreation Center members receive a free fitness assessment that covers strength and endurance, flexibility, balance, blood pressure, BMI, and fat count. Once that is determined, individuals will be given a workout plan to help give you a solid beginning in living a healthy and active lifestyle. This is an 8 (eight) week program. where each participant will agree to participate for the duration and commit to working out at least three (3) days or more per week while logging their workouts.

Adventure of a Lifetime S.A.F.E. After School Program Registration is Open

Monday - Friday, 3:30 p.m. - 6:30 p.m.

\$85 per week for first child, \$70 per week for second child

(Grades K – 8th) Our after school program is back. Open to youth ages 5-13 and the child must be enrolled in a public or private school, kindergarten through 8th grade. The after school program is an excellent resource for working parents. Sign up in person at the Lancaster Recreation Center, with your birth certificate and an active Recreation ID Card are required. For additional information contact the Lancaster Recreation Center at 972-218-3700.

Senior Life Center:

Morning News, Movies and Reading Lounge

Monday – Friday, 8:00 a.m.

Enjoy the quiet of the morning by watching the morning news, movies or reading in the lounge.

Bid Whiz Card Playing

Monday – Friday, 10:30 a.m.

Seniors learn the art of strategic card playing in the game of Bid Whiz.

Nutritional Congregate Meal Program

Monday – Friday, 12:00 p.m. – 1:00 p.m.

This free daily lunch program ensures a nutritious meal for seniors 60 years and older. Membership of the Lancaster Senior Life Center is not required to participate. Senior Life Center members who are ages 50 through 59 are able to purchase the same Congregate Meal Program meal for an additional fee of \$7.00. This program is sponsored in part by the Dallas Area Agency on Aging and the Texas Department of Aging and Disability Services. All participants must complete an intake form which includes a nutritional assessment prior to participating in the Congregate Meal Program.

Outings and Field Trips

Seniors will enjoy outings throughout Dallas/Fort Worth, surrounding cities and beyond when available. Sign up at front desk at the Lancaster Senior Life Center or call 972-218-3780 for additional information.

JANUARY 2015 EVENTS, PROGRAMS, AND CLASSES

Thursday, January, 1, 2015

City Holiday – All Offices Closed

Friday, January 2, 2015

Recreation Center:

Winter Break Camp

Friday, January 2, 2014, 8:00 a.m. – 6:00 p.m., SAFE \$36 per child, non-safe \$50 per child, \$20 drop-in

Campers will participate in sports, arts and crafts, outdoor and swimming activities.

Senior Life Center:

Arts and Crafts (Jewelry Making Class)

Fridays, 10:30 a.m.

Bring your own materials to this class and learn how to make the latest designs in jewelry. No experience necessary.

Bingo

Fridays, 1:00 p.m.

Engage in a fun game of matching called out numbers on a card until someone yells BINGO (wins)!

Saturday, January 3, 2015

Recreation Center:

Zumba for Adults

Saturday mornings, 8:00 a.m. – 9:00 a.m., \$15 per month

Zumba is a fitness class that blends upbeat world rhythms with easy-to-follow choreography, for a total-body workout that feels like a celebration.

Morning Water Aerobics

Saturdays, 9:00 a.m. – 9:45 a.m., \$12 per month; \$5 drop in

Have you ever noticed how challenging it is to walk through a swimming pool? The resistance provided by water makes it a great course for all fitness levels. It is low-impact, yet increases stamina and strength.

DancerSize for Adults

Saturdays, 9:00 a.m. - 10:00 a.m., \$25 per month, \$8 drop-in

DancerSize is a line dance exercise class that allows you to dance your way through a fulfilling cardio workout.

Kick Start/U6 Soccer

Saturdays, 10:00 a.m. - 12:00 Noon, \$25 per month, \$35 and \$65

This eight week program (Saturdays,) at the Community Park Soccer Fields introduces youth 18 months to 6 years old to the game of soccer.

Open Swim

Saturdays, 12:00 Noon – 5:00 p.m., Admission \$5 Resident, \$7 Non Resident

The pool is open for use by the general public and monitored by friendly, experienced and certified staff of lifeguards.

Cheer/Tumbling (Ages 4 - 18)

Saturdays, 1:00 p.m. – 4:00 p.m., Thursdays, 5:30 p.m. – 7:30 p.m., \$40 per month

Cheer, tumbling and dance take courage and skills; in this class the students will learn coordination, social skills and gain confidence and politeness with each step that they take.

Library:

Book a Geek!

Starting Saturday, January 3, 2015

This new service offered by the Lancaster Veterans Memorial Library allows patrons 1 on 1 time with an experienced instructor who can answer their computer questions.

How does it work?

1. Sign up 72 hours in advance for a one hour appointment during our Geeks' office hours.
Tuesday - Thursday
1:00 p.m. - 4:00 p.m.
Saturday
9:00 a.m. - 12:00 p.m.
2. Let us know what you would like to cover during your appointment.
3. Come and learn!

Just for Tweens

Saturday, January 3, 2015, 12:00 Noon - 2:00 p.m.

January 3 , 2015 - Friendship Crafts- Bring a friend and make friendship bracelets and more!

Sunday, January 4, 2015

Monday, January 5, 2015

City-Wide:

Educator's Appreciation Breakfast

Monday, January 5, 2015, 7:30 a.m. – 8:30 a.m., Country View Golf Course

Few other professions touch as many people as teachers do. On Monday, January 5, 2015, we will take time to honor our teachers and staff for their commitment, enthusiasm and hard work. This is an opportunity to show appreciation to teachers and staff for all the effort they put into each and every day at the Lancaster Independent School District.

Recreation Center:

School Out/Day Camp

Monday, 8:00 a.m. – 6:30 p.m.

Bring your kids to the Recreation Center for fun games and activities during their time off from school. A time to socialize with their peers and enjoy all of the amenities the center has to offer.

Pickleball

Monday - Thursday, 10:00 a.m. – 2:00 p.m.

A racquet sport that combines elements of badminton, tennis, and table tennis. Paddles and balls will be provided.

Move Your Body/Youth Dance Combo (Ages 6 - 16)

Mondays, 5:15 p.m. - 6:15 p.m., and 6:15 p.m. - 7:15 p.m., \$25 per month

Learn several different styles of dance! Youth will learn techniques of lyrical jazz, hip hop, and ballet moves, with a focus on leading healthy and active lifestyles.

Parent/Tot Swim Lessons

Mondays and Wednesdays, 5:30 p.m. – 6:15 p.m., \$30 per session

Parent and child in water experience in developing child's acclimation to water and basic aquatic safety in preparation for formal lessons.

Jr. Mavs/Lady Mavs Developmental Basketball Program (Ages 6 - 16)

Mondays and Wednesdays, 5:30 p.m. - 6:30 p.m., \$50 per month

Players learn the basic rules of the game, positions and plays. Players develop their skill in passing, shooting and dribbling at their ability level. Players are prepared and teamed to compete together in the Lancaster Winter Basketball League in January.

Semi Private/Adult Swim Lessons

Mondays and Wednesdays, 6:30 p.m. – 7:15 p.m., \$50 per session

Formal swim lessons and water safety education program are offered as governed by American Red Cross.

Boot Camp

Mondays and Tuesdays, 7:00 p.m. – 8:00 p.m., \$30 per month

Boot camp is type of outdoor or indoors (Military style) group exercise class that mixes traditional calisthenics and body weight exercises with interval training and strength training. It's designed to push participants harder than they'd push themselves and to reach their fitness goal faster.

Hip Hop Dance "Dancing from the SOUL" (Ages 4 - 18)

Mondays, 7:30 p.m. – 8:30 p.m., Wednesdays, 6:00 p.m. – 7:00 p.m., \$30 per month

Come and join this high energy dance class for youth; increase your rhythm and flexibility skills.

Senior Life Center:

Silver Sneakers (formerly The Walking Club)

Mondays, 10:30 a.m.

This is active participation with other seniors to promote health and wellness through the art of walking.

DancerSize for Seniors

Mondays, 11:00 a.m.

DancerSize is a line dance exercise class that allows you to dance your way through a fulfilling cardio workout.

Library:

After School Stories

Mondays, 4:00 p.m.

For children 5-8 years old and their families. Join us for singing, dancing, crafts, and of course stories!

Genealogical Research Help

Mondays, 6:00 p.m., except third Mondays of each month

Get free assistance from an experienced researcher. Open to beginners and experienced family tree climbers, too!

Tuesday, January 6, 2015

Recreation Center:

School Out/Day Camp

Tuesday, 8:00 a.m. – 6:30 p.m.

Bring your kids to the Recreation Center for fun games and activities during their time off from school. A time to socialize with their peers and enjoy all of the amenities the center has to offer.

Pickleball

Monday - Thursday, 10:00 a.m. – 2:00 p.m.

A racquet sport that combines elements of badminton, tennis, and table tennis. Paddles and balls will be provided.

Tutu's and Tap (Ages 3 - 5)

Tuesdays, 5:15 p.m. - 6:15 p.m., \$25 per month

Tots love to dance! Introduce your child to ballet, tap rhythms and games to improve their coordination and confidence.

Swim Lessons

Tuesdays and Thursdays, 5:30 p.m. – 6:15 p.m. and 6:30 p.m. – 7:15 p.m., \$30 per session

Formal swim lessons and water safety education program as governed by American Red Cross.

Youth Karate (Ages 4 - 16)

Tuesdays and Thursdays, 5:30 p.m. - 6:30 p.m., and 6:30 p.m. - 7:30 p.m., \$40 per month

Karate provides physical fitness, self-defense training, life discipline, and effective martial arts training.

Cycling Class (18 and Up)

Tuesdays and Thursdays, 6:30 p.m. – 7:15 p.m., \$30 a per month

Indoor cycling classes can increase energy, cardiovascular fitness and lower body strength. Depending on how fast you pedal and the amount of resistance you have on the bike, your heart and lungs will benefit, as well as your gluteus maximus, hamstrings and quadriceps.

Lancaster Tiger Sharks Swim Team Practice

Tuesdays and Thursdays, 6:30 p.m. – 7:30 p.m., \$50 per month

Competitive swim training and TAAF swimming regional competition preparation program.

Cheer/Tumbling (Ages 4 - 18)

Saturdays, 1:00 p.m. – 4:00 p.m., Thursdays, 5:30 p.m. – 7:30 p.m., \$40 per month

Cheer, tumbling and dance take courage and skills; in this class the students will learn coordination, social skills and gain confidence and politeness with each step that they take.

Boot Camp

Mondays and Tuesdays, 7:00 p.m. – 8:00 p.m., \$30 per month

Boot camp is type of outdoor or indoors (Military style) group exercise class that mixes traditional calisthenics and body weight exercises with interval training and strength training. It's designed to push participants harder than they'd push themselves to reach their fitness goal faster.

Senior Life Center:

Arts and Crafts (Crochet and Knitting Classes)

Tuesdays and Thursdays, 10:00 a.m.

Join the company of other seniors, designing items, through crochet and knitting. This class is open for all crochet and knitting beginners, intermediates and advanced seniors.

Library:

Book a Geek!

This new service offered by the Lancaster Veterans Memorial Library allows patrons 1 on 1 time with an experienced instructor who can answer their computer questions.

How does it work?

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Tuesday - Thursday

1:00 p.m. - 4:00 p.m.

2. Let us know what you would like to cover during your appointment.
3. Come and learn!

Toddler Time

Tuesdays, 10:30 a.m.

Especially for children under the age of 4. Hear stories, sing, dance, play and make a take home craft!

Wednesday, January 7, 2015

Recreation Center:

Pickleball

Monday - Thursday, 10:00 a.m. – 2:00 p.m.

A racquet sport that combines elements of badminton, tennis, and table tennis. Paddles and balls will be provided.

Parent/Tot Swim Lessons

Mondays and Wednesdays, 5:30 p.m. – 6:15 p.m., \$30 per session

Parent and child water experience in developing child's acclimation to water and basic aquatic safety in preparation for formal lessons.

Semi Private/Adult Swim Lessons

Mondays and Wednesdays, 6:30 p.m. – 7:15 p.m., \$50 per session

Formal swim lessons and water safety education program as governed by American Red Cross.

Aqua ZUMBA

Mondays and Wednesdays, 7:00 p.m. – 8:00 p.m., \$20 per month

Aqua Zumba keeps the Zumba Fitness workout party going in the pool, this class is led by instructors who are certified to teach aquatic exercise.

Swing Out/Line Dancing

Wednesdays, 7:15 p.m. – 8:15 p.m., \$25 per month

Swing out is a fun “Two Step” dance class; you’ll learn how to swing out with your partner and learn line dancing.

Hip Hop Dance “Dancing from the SOUL” (Ages 4 - 18)

Mondays, 7:30 p.m. – 8:30 p.m., Wednesdays, 6:00 p.m. – 7:00 p.m., \$30 per month

Come and join this high energy dance class for youth; increase your rhythm and flexibility skills.

Senior Life Center:

Computer Class

Wednesdays, 10:30 a.m.

Enjoy computer instructional classes for seniors. Learn to use a mouse and keyboard and other basic computer features.

Harmonizers/Sing-A-Long

Wednesdays, 1:00 p.m.

Come join majestic and musical voices to delight the ears.

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Basic Computing

Wednesday, January 7, 2015, 10:30 a.m.

Learn to use a mouse and keyboard, and other basic computer features. Find out the names of a computer’s basic components.

Family Story Time

Wednesdays, 4:00 p.m.

Children of all ages are welcome to join us for this interactive story time complete with crafts, songs, and dancing!

City-Wide:

Mayoral State of the City Address:

11:30 a.m. at the Lancaster Recreation Center

1700 Veterans Memorial Parkway, Lancaster, TX 75146

Mayor Marcus E. Knight will give his annual State of the City address at a luncheon hosted by the Lancaster Chamber of Commerce. The speech is a comprehensive review of the last calendar year's accomplishments in the areas of fiscal management, civic engagement, economic development, infrastructure improvements and more. Reservations for this event can be made by contacting Lauren Johnson at 972-227-2579. For more information regarding the State of the City Address, please visit www.lancastertexas.org.

Recreation Center:

Pickleball

Monday - Thursday, 10:00 a.m. – 2:00 p.m.

A racquet sport that combines elements of badminton, tennis, and table tennis. Paddles and balls will be provided.

Swim Lessons

Tuesdays and Thursdays, 5:30 p.m. – 6:15 p.m. and 6:30 p.m. – 7:15 p.m., \$30 per session

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Cycling Class (18 and Up)

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Indoor cycling classes can increase energy, cardiovascular fitness and lower body strength. Depending on how fast you pedal and the amount of resistance you have on the bike, your heart and lungs will benefit, as well as your gluteus maximus, hamstrings and quadriceps

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Cheer, tumbling and dance take courage and skills; in this class the students will learn coordination, social skills and gain confidence and politeness with each step that they take.

Senior Life Center:

Crochet and Knitting Classes

Tuesdays and Thursdays, 10:00 a.m.

Join the delight of other seniors, designing items, through crochet and knitting. This class is open for all beginners and the experienced.

Card Making Class

Thursdays, 10:00 a.m.

Learn to make your very own personal greeting cards; Cost is \$1 per class.

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Friday, January 9, 2015

Senior Life Center:

Arts and Crafts (Jewelry Making Class)

Fridays, 10:30 a.m.

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Bingo

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Engage in a fun game of matching called out numbers on a card until someone yells BINGO (wins)!

Saturday, January 10, 2015

Recreation Center:

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Saturday mornings, 8:00 a.m. – 9:00 a.m., \$15 per month

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Morning Water Aerobics

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Sunday, January 11, 2015

Monday, January 12, 2015

City-Wide:

City Council Meeting:

7:00 p.m. at City Hall in the Council Chambers, 211 N. Henry St. Lancaster, TX 75146.

Can't attend in person? You can watch Lancaster City Council Meetings LIVE online at www.lancaster-tx.com

Recreation Center:

Pickleball

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Arts and Crafts (Crochet and Knitting Classes)

Tuesdays and Thursdays, 10:00 a.m.

Join the delight of other seniors, designing items, through crochet and knitting. This class is open for all crochet and knitting beginners, intermediates and advanced seniors.

Library:

Book a Geek!

This new service offered by the Lancaster Veterans Memorial Library allows patrons 1 on 1 time with an experienced instructor who can answer their computer questions.

How does it work?

1. Sign up 72 hours in advance for a one hour appointment during our Geeks' office hours.
Tuesday - Thursday
1:00 p.m. - 4:00 p.m.
2. Let us know what you would like to cover during your appointment.
3. Come and learn!

Toddler Time

Tuesdays, 10:30 a.m.

Especially for children under the age of 4. Hear stories, sing, dance, play and make a take home craft!

Community Genealogy Program

Tuesday, January 13, 2015, 6:45 p.m.

Learn what life was like for women of colonial period. The program is open to everyone with an interest in the topic, and is co-sponsored by the Lancaster Genealogical Society.

Wednesday, January 14, 2015

Recreation Center:

Pickleball

Monday - Thursday, 10:00 a.m. – 2:00 p.m.

A racquet sport that combines elements of badminton, tennis, and table tennis. Paddles and balls will be provided.

Parent/Tot Swim Lessons

Mondays and Wednesdays, 5:30 p.m. – 6:15 p.m., \$30 per session

Parent and child in water experience in developing child's acclimation to water and basic aquatic safety in preparation for formal lessons.

Semi Private/Adult Swim Lessons

Mondays and Wednesdays, 6:30 p.m. – 7:15 p.m., \$50 per session

Formal swim lessons and water safety education program as governed by American Red Cross.

Aqua ZUMBA

Mondays and Wednesdays, 7:00 p.m. – 8:00 p.m., \$20 per month

Aqua Zumba keeps the Zumba Fitness workout party in the pool, this class is led by instructors who are certified to teach aquatic exercise.

Swing Out/Line Dancing

Wednesdays, 7:15 p.m. – 8:15 p.m., \$25 per month

Swing out is a fun "Two Step" dance class; you'll learn how to swing out with your partner and in the mix of things you will also learn line dancing.

Hip Hop Dance "Dancing from the SOUL" (Ages 4 - 18)

Mondays, 7:30 p.m. – 8:30 p.m., Wednesdays, 6:00 p.m. – 7:00 p.m., \$30 per month

Come and join this high energy dance class for youth; increase your rhythm and flexibility skills.

Senior Life Center:

Computer Class

Wednesdays, 10:30 a.m.

Enjoy computer access and topical classes for seniors. Learn to use a mouse and keyboard and other basic computer features.

Groom and Glamour Day

Wednesdays, 12:45 p.m. – 2:00 p.m.

A day set aside for senior men and women to be pampered. Services include: facials; women and men haircuts, eyelash tabbing for women, artificial eyelash strips for women, eyebrow and lip waxing; manicures and pedicures (men and women); nail art (hand drawn only, no jewels or rhinestones, etc.), shampoo and styles for woman.

Harmonizers/Sing-A-Long

Wednesdays, 1:00 p.m.

Come join the majestic and musical voices that will delight the ears.

Library:

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How does it work?

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Tuesday - Thursday

1:00 p.m. - 4:00 p.m.

2. Let us know what you would like to cover during your appointment.
3. Come and learn!

Internet Basics

Wednesday, January 14, 2015, 10:30 a.m.

Get hands on practice in using the Internet, including how to formulate a search to get the best results. Learn about Internet safety, and discover some of the search engines available.

Family Story Time

Wednesdays, 4:00 p.m.

Children of all ages are welcome to join us for this interactive story time complete with crafts, songs, and dancing!

Thursday, January 15, 2015

Recreation Center:

Pickleball

Monday - Thursday, 10:00 a.m. – 2:00 p.m.

A racquet sport that combines elements of badminton, tennis, and table tennis. Paddles and balls will be provided.

Swim Lessons

Tuesdays and Thursdays, 5:30 p.m. – 6:15 p.m. and 6:30 p.m. – 7:15 p.m., \$30 per session

Formal swim lessons and water safety education program as governed by American Red Cross.

Youth Karate (Ages 4 - 16)

Tuesdays and Thursdays, 5:30 p.m. - 6:30 p.m., and 6:30 p.m. - 7:30 p.m., \$40 per month

Karate provides physical fitness, self-defense training, life discipline, and effective martial arts training.

Cycling Class (18 and Up)

Tuesdays and Thursdays, 6:30 p.m. – 7:15 p.m., \$30 a per month

Indoor cycling classes can increase energy, cardiovascular fitness and lower body strength. Depending on how fast you pedal and the amount of resistance you have on the bike, your heart and lungs will benefit, as well as your gluteus maximus, hamstrings and quadriceps

Lancaster Tiger Sharks Swim Team Practice

Tuesdays and Thursdays, 6:30 p.m. – 7:30 p.m., \$50 per month

Competitive swim training and TAAF swimming regional competition preparation program.

Cheer/Tumbling (Ages 4 - 18)

Saturdays, 1:00 p.m. – 4:00 p.m., Thursdays, 5:30 p.m. – 7:30 p.m., \$40 per month

Cheer, tumbling and dance take courage and skills; in this class the students will learn coordination, social skills and gain confidence, with each step that they take.

Senior Life Center:

Crochet and Knitting Classes

Tuesdays and Thursdays, 10:00 a.m.

Join the delight of other seniors, designing items, through crochet and knitting. This class is open for all beginners and the experienced.

Card Making Class

Thursdays, 10:00 a.m.

Learn to make your very own personal greeting cards; Cost is \$1 per class.

Library:

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How does it work?

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3. Come and learn!

Teen Club

Thursday, January 15, 2015, 5:00 p.m. - 7:00 p.m.

January 15, 2015 - Craft Night: Get creative with the teen club! Come and try your hand at several take home crafts while hanging out with new friends.

Friday, January 16, 2015

Senior Life Center:

Arts and Crafts (Jewelry Making Class)

Fridays, 10:30 a.m.

Bring your own materials to this class and learn how to make the latest designs in jewelry. No experience necessary.

Bingo

Fridays, 1:00 p.m.

Engage in a fun game of matching called out numbers on a card until someone yells BINGO (wins)!

City-Wide:

11th Annual Dr. Martin Luther King, Jr. Parade

The parade will begin at 11:00 a.m. at the Lancaster Elsie Robertson Middle School located at 822 Pleasant Run Road. The parade will travel East on Pleasant Run Road for one mile North onto Dallas Avenue, proceeding on to the Lancaster High School Coliseum. Immediately following the parade there will be a short program. The program will include short excerpts from Dr. King's speeches and interesting facts about his life, and an Award ceremony with participation from different groups. For more information visit www.lancastermlk.org or www.lancaster-tx.com.

Recreation Center:

Zumba for Adults

Saturday mornings, 8:00 a.m. – 9:00 a.m., \$15 per month

Zumba is a fitness class that blends upbeat world rhythms with easy-to-follow choreography, for a total body workout that feels like a celebration.

Morning Water Aerobics

Saturdays, 9:00 a.m. – 9:45 a.m., \$12 per month; \$5 drop in

Have you ever noticed how challenging it is to walk through a swimming pool? The resistance provided by water makes it a great course for all fitness levels. It is low-impact, yet increases stamina and strength.

DancerSize for Adults

Saturdays, 9:00 a.m. - 10:00 a.m., \$25 per month, \$8 drop-in

DancerSize is a line dance exercise class that allows you to dance your way through a fulfilling cardio workout.

Kick Start/U6 Soccer

Saturdays, 10:00 a.m. - 12:00 Noon, \$25 per month, \$35 and \$65

This eight week program (Saturdays,) at the Community Park Soccer Fields introduces youth 18 months to 6 years old to the game of soccer.

Open Swim

Saturdays, 12:00 Noon – 5:00 p.m., Admission \$5 Resident, \$7 Non Resident

The pool is open for use by the general public and monitored by friendly, experienced and certified staff of lifeguards.

Cheer/Tumbling (Ages 4 - 18)

Saturdays, 1:00 p.m. – 4:00 p.m., Thursdays, 5:30 p.m. – 7:30 p.m., \$40 per month

Cheer, tumbling and dance take courage and skills; in this class the students will learn coordination, social skills and gain confidence with each step that they take

Library:

Book a Geek!

Starting Saturday, January 3, 2015

This new service offered by the Lancaster Veterans Memorial Library allows patrons 1 on 1 time with an experienced instructor who can answer their computer questions.

How does it work?

1. Sign up 72 hours in advance for a one hour appointment during our Geeks' office hours.

Saturday

9:00 a.m. - 12:00 Noon

2. Let us know what you would like to cover during your appointment.
3. Come and learn!

Just for Tweens

Saturday, January 17, 2015, 12:00 Noon - 2:00 p.m.

January 17, 2015 - Movie Day- Catch a free movie and make new friends!

Sunday, January 18, 2015

Monday, January 19, 2015

City Holiday – Offices Closed

Tuesday, January 20, 2015

Recreation Center:

Pickleball

Monday - Thursday, 10:00 a.m. – 2:00 p.m.

A racquet sport that combines elements of badminton, tennis, and table tennis. paddles and balls will be provided.

Tutu's and Tap (Ages 3 - 5)

Tuesdays, 5:15 p.m. - 6:15 p.m., \$25 per month

Tots love to dance! Introduce your child to ballet, tap rhythms and games to improve their coordination and confidence.

Swim Lessons

Tuesdays and Thursdays, 5:30 p.m. – 6:15 p.m. and 6:30 p.m. – 7:15 p.m., \$30 per session

Formal swim lessons and water safety education program as governed by American Red Cross.

Youth Karate (Ages 4 - 16)

Tuesdays and Thursdays, 5:30 p.m. - 6:30 p.m., and 6:30 p.m. - 7:30 p.m., \$40 per month

Karate provides physical fitness, self-defense training, life discipline, and effective martial arts training.

Cycling Class (18 and Up)

Tuesdays and Thursdays, 6:30 p.m. – 7:15 p.m., \$30 a per month

Indoor cycling classes can increase energy, cardiovascular fitness and lower body strength. Depending on how fast you pedal and the amount of resistance you have on the bike, your heart and lungs will benefit, as well as your gluteus maximus, hamstrings and quadriceps.

Lancaster Tiger Sharks Swim Team Practice

Tuesdays and Thursdays, 6:30 p.m. – 7:30 p.m., \$50 per month

Competitive swim training and TAAF swimming regional competition preparation program.

Cheer/Tumbling (Ages 4 - 18)

Saturdays, 1:00 p.m. – 4:00 p.m., Thursdays, 5:30 p.m. – 7:30 p.m., \$40 per month

Cheer, tumbling and dance take courage and skills; in this class the students will learn coordination, social skills and gain confidence with each step that they take.

Boot Camp

Mondays and Tuesdays, 7:00 p.m. – 8:00 p.m., \$30 per month

Boot camp is type of outdoor or indoors (Military style) group exercise class that mixes traditional calisthenics and body weight exercises with interval training and strength training. It's designed to push participants harder than they'd push themselves to reach their fitness goal faster.

Senior Life Center:

Arts and Crafts (Crochet and Knitting Classes)

Tuesdays and Thursdays, 10:00 a.m.

Join the delight of other seniors, designing items, through crochet and knitting. This class is open for all crochet and knitting beginners, intermediates and advanced seniors.

Library:

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Tuesday - Thursday

1:00 p.m. - 4:00 p.m.

2. Let us know what you would like to cover during your appointment.
3. Come and learn!

Toddler Time

Tuesdays, 10:30 a.m.

Especially for children under the age of 4. Hear stories, sing, dance, play and make a take home craft!

How to Talk So Kids Will Listen and How to Listen so Kids Will Talk

Tuesday, January 20, 2015, 6:30 p.m. - 7:30 p.m.

A member of the Dallas Association for Parent Education will facilitate a discussion on communicating effectively with your children. This talk is open to all members of the community.

Wednesday, January 21, 2015

Recreation Center:

Pickleball

Monday - Thursday, 10:00 a.m. – 2:00 p.m.

A racquet sport that combines elements of badminton, tennis, and table tennis. Paddles and balls will be provided.

Parent/Tot Swim Lessons

Mondays and Wednesdays, 5:30 p.m. – 6:15 p.m., \$30 per session

Parent and child in water experience in developing child's acclimation to water and basic aquatic safety in preparation for formal lessons.

Semi Private/Adult Swim Lessons

Mondays and Wednesdays, 6:30 p.m. – 7:15 p.m., \$50 per session

Formal swim lessons and water safety education program as governed by American Red Cross.

Aqua ZUMBA

Mondays and Wednesdays, 7:00 p.m. – 8:00 p.m., \$20 per month

Aqua Zumba keeps the Zumba Fitness workout party going in the pool, this class is led by instructors who are certified to teach aquatic exercise.

Swing Out/Line Dancing

Wednesdays, 7:15 p.m. – 8:15 p.m., \$25 per month

Swing out is a fun "Two Step" dance class; you'll learn how to swing out with your partner and in the mix of things you will also learn line dancing.

Hip Hop Dance "Dancing from the SOUL" (Ages 4 - 18)

Mondays, 7:30 p.m. – 8:30 p.m., Wednesdays, 6:00 p.m. – 7:00 p.m., \$30 per month

Come and join this high energy dance class for youth; increase your rhythm and flexibility skills.

Senior Life Center

Computer Class

Wednesdays, 10:30 a.m.

Enjoy computer access and topical classes for seniors. Learn to use a mouse and keyboard and other basic computer features.

Water Exercise for Seniors

Wednesdays, 10:30 a.m. – 11:30 a.m.

Resistance provided by water is a good cause for getting in the swimming pool. It is low-impact, yet increases stamina and strength. Come and get your swim on.

Harmonizers/Sing-A-Long
Wednesdays, 1:00 p.m.

Come enjoy the majestic and musical voices to delight the ears.

Library:

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Tuesday - Thursday

1:00 p.m. - 4:00 p.m.

2. Let us know what you would like to cover during your appointment.
3. Come and learn!

Your Library Mobile

Wednesday, January 21, 2015, 10:30 a.m.

New this year! Learn how to use your mobile device to get eBooks and downloadable audiobooks from home. Use new apps to renew books and DVD's and search the library collection.

Family Story Time

Wednesdays, 4:00 p.m.

Children of all ages are welcome to join us for this interactive story time complete with crafts, songs, and dancing!

Thursday, January 22, 2015

Recreation Center:

Pickleball

Monday - Thursday, 10:00 a.m. – 2:00 p.m.

A racquet sport that combines elements of badminton, tennis, and table tennis. Paddles and balls will be provided.

Swim Lessons

Tuesdays and Thursdays, 5:30 p.m. – 6:15 p.m. and 6:30 p.m. – 7:15 p.m., \$30 per session

Formal swim lessons and water safety education program as governed by American Red Cross.

Youth Karate (Ages 4 - 16)

Tuesdays and Thursdays, 5:30 p.m. - 6:30 p.m., and 6:30 p.m. - 7:30 p.m., \$40 per month

Karate provides physical fitness, self-defense training, life discipline, and effective martial arts training.

Cycling Class (18 and Up)

Tuesdays and Thursdays, 6:30 p.m. – 7:15 p.m., \$30 a per month

Indoor cycling classes can increase energy, cardiovascular fitness and lower body strength. Depending on how fast you pedal and the amount of resistance you have on the bike, your heart and lungs will benefit, as well as your gluteus Maximus, hamstrings and quadriceps.

Lancaster Tiger Sharks Swim Team Practice

Tuesdays and Thursdays, 6:30 p.m. – 7:30 p.m., \$50 per month

Competitive swim training and TAAF swimming regional competition preparation program.

Cheer/Tumbling (Ages 4 - 18)

Saturdays, 1:00 p.m. – 4:00 p.m., Thursdays, 5:30 p.m. – 7:30 p.m., \$40 per month

Cheer, tumbling and dance take courage and skills; in this class the students will learn coordination, social skills and gain confidence with each step that they take.

Senior Life Center:

Crochet and Knitting Classes

Tuesdays and Thursdays, 10:00 a.m.

Join the delight of other seniors, designing items, through crochet and knitting. This class is open for all beginners and the experienced.

Card Making Class

Thursdays, 10:00 a.m.

Learn to make your very own personal greeting cards; Cost is \$1 per class.

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3. Come and learn!

Adult Anime Screening

Thursday, January 22, 2015, 6:30 p.m. - 7:30 p.m.

All patrons over the age of 18 are invited to attend a screening of an anime program and discuss their favorite anime and manga titles with fellow enthusiasts.

Friday, January 23, 2015

Senior Life Center:

Arts and Crafts (Jewelry Making Class)

Fridays, 10:30 a.m.

Bring your own materials to this class and learn how to make the latest designs in jewelry. No experience necessary.

DancerSize for Seniors**Fridays, 11:00 a.m.**

DancerSize is a line dance exercise class that allows you to dance your way through a fulfilling cardio workout.

Bingo**Fridays, 1:00 p.m.**

Engage in a fun game of matching called out numbers on a card until someone yells BINGO (wins)!

Saturday, January 24, 2015

Recreation Center:**Zumba for Adults****Saturday mornings, 8:00 a.m. – 9:00 a.m., \$15 per month**

Zumba is a fitness class that blends upbeat world rhythms with easy-to-follow choreography, for a total body workout that feels like a celebration.

Morning Water Aerobics**Saturdays, 9:00 a.m. – 9:45 a.m., \$12 per month; \$5 drop in**

Have you ever noticed how challenging it is to walk through a swimming pool? The resistance provided by water makes it a great course for all fitness levels. It is low-impact, yet increases stamina and strength.

DancerSize for Adults**Saturdays, 9:00 a.m. - 10:00 a.m., \$25 per month, \$8 drop-in**

DancerSize is a line dance exercise class that allows you to dance your way through a fulfilling cardio workout.

Kick Start/U6 Soccer**Saturdays, 10:00 a.m. - 12:00 Noon, \$25 per month, \$35 and \$65**

This eight week program (Saturdays,) at the Community Park Soccer Fields introduces youth 18 months to 6 years old to the game of soccer.

Open Swim**Saturdays, 12:00 Noon – 5:00 p.m., Admission \$5 Resident, \$7 Non Resident**

The pool is open for use by the general public and monitored by a friendly, experienced and certified staff of lifeguards.

Cheer/Tumbling (Ages 4 - 18)**Saturdays, 1:00 p.m. – 4:00 p.m., Thursdays, 5:30 p.m. – 7:30 p.m., \$40 per month**

Cheer, tumbling and dance take courage and skills; in this class the students will learn coordination, social skills and gain confidence with each step that they take.

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Sunday, January 25, 2015

Monday, January 26, 2015

City-Wide:

City Council Meeting:

7:00 p.m. at City Hall in the Council Chambers, 211 N. Henry St. Lancaster, TX 75146.

Can't attend in person? You can watch Lancaster City Council Meetings LIVE online at www.lancaster-tx.com

Recreation Center:

Pickleball

Monday - Thursday, 10:00 a.m. – 2:00 p.m.

A racquet sport that combines elements of badminton, tennis, and table tennis. Paddles and balls will be provided.

Move Your Body/Youth Dance Combo (Ages 6 - 16)

Mondays, 5:15 p.m. - 6:15 p.m., and 6:15 p.m. - 7:15 p.m., \$25 per month

Learn several different styles of dance! Youth will learn techniques of lyrical, jazz, hip hop, and ballet moves, with a focus on leading healthy and active lifestyles.

Parent/Tot Swim Lessons

Mondays and Wednesdays, 5:30 p.m. – 6:15 p.m., \$30 per session

Parent and child in water experience in developing child's acclimation to water and basic aquatic safety in preparation for formal lessons.

Jr. Mavs/Lady Mavs Developmental Basketball Program (Ages 6 - 16)

Mondays and Wednesdays, 5:30 p.m. - 6:30 p.m., \$50 per month

Players learn the basic rules of the game, positions and plays. Players develop their skill in passing, shooting and dribbling at their ability level. Players are prepared and teamed to compete together in the Lancaster Winter Basketball League in January.

Semi Private/Adult Swim Lessons

Mondays and Wednesdays, 6:30 p.m. – 7:15 p.m., \$50 per session

Formal swim lessons and water safety education program as governed by American Red Cross.

Boot Camp

Mondays and Tuesdays, 7:00 p.m. – 8:00 p.m., \$30 per month

Boot camp is type of outdoor or indoors (Military style) group exercise class that mixes traditional calisthenics and body weight exercises with interval training and strength training. It's designed to push participants harder than they'd push themselves to reach their fitness goal faster.

Hip Hop Dance “Dancing from the SOUL” (Ages 4 - 18)

Mondays, 7:30 p.m. – 8:30 p.m., Wednesdays, 6:00 p.m. – 7:00 p.m., \$30 per month

Come and join this high energy dance class for youth; increase your rhythm and flexibility skills.

Senior Life Center:

Silver Sneakers (formerly The Walking Club)

Mondays, 10:30 a.m.

The active participation with other seniors to promote health and wellness through the art of walking.

Library:

After School Stories

Mondays, 4:00 p.m.

For children 5-8 years old and their families. Join us for singing, dancing, crafts, and of course stories!

Genealogical Research Help

Mondays, 6:00 p.m., except third Mondays of each month

Get free assistance from an experienced researcher. Open to beginners and experienced family tree climbers, too!

Tuesday, January 27, 2015

Recreation Center:

Pickleball

Monday - Thursday, 10:00 a.m. – 2:00 p.m.

A racquet sport that combines elements of badminton, tennis, and table tennis. Paddles and balls will be provided.

Tutu's and Tap (Ages 3 - 5)

Tuesdays, 5:15 p.m. - 6:15 p.m., \$25 per month

Tots love to dance! Introduce your child to ballet, tap rhythms and games to improve their coordination and confidence.

Swim Lessons

Tuesdays and Thursdays, 5:30 p.m. – 6:15 p.m. and 6:30 p.m. – 7:15 p.m., \$30 per session

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Youth Karate (Ages 4 - 16)

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Lancaster Tiger Sharks Swim Team Practice

Tuesdays and Thursdays, 6:30 p.m. – 7:30 p.m., \$50 per month

Competitive swim training and TAAF swimming regional competition preparation program.

Cheer/Tumbling (Ages 4 - 18)

Saturdays, 1:00 p.m. – 4:00 p.m., Thursdays, 5:30 p.m. – 7:30 p.m., \$40 per month

Cheer, tumbling and dance take courage and skills; in this class the students will learn coordination, social skills and gain confidence with each step that they take.

Boot Camp

Mondays and Tuesdays, 7:00 p.m. – 8:00 p.m., \$30 per month

Boot camp is type of outdoor or indoors (Military style) group exercise class that mixes traditional calisthenics and body weight exercises with interval training and strength training. It's designed to push participants harder than they'd push themselves and, in that way to reach your fitness goal faster.

Senior Life Center:

Arts and Crafts (Crochet and Knitting Classes)

Tuesdays and Thursdays, 10:00 a.m.

Join the delight of other seniors, designing items, through crochet and knitting. This class is open for all crochet and knitting beginners, intermediates and advanced seniors.

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Tuesday - Thursday

1:00 p.m. - 4:00 p.m.

2. Let us know what you would like to cover during your appointment.
3. Come and learn!

Toddler Time

Tuesdays, 10:30 a.m.

Especially for children under the age of 4. Hear stories, sing, dance, play and make a take home craft!

Wednesday, January 28, 2015

Recreation Center:

Pickleball

Monday - Thursday, 10:00 a.m. – 2:00 p.m.

A racquet sport that combines elements of badminton, tennis, and table tennis. Paddles and balls will be provided.

Parent/Tot Swim Lessons

Mondays and Wednesdays, 5:30 p.m. – 6:15 p.m., \$30 per session

Parent and child in water experience in developing child's acclimation to water and basic aquatic safety in preparation for formal lessons.

Semi Private/Adult Swim Lessons

Mondays and Wednesdays, 6:30 p.m. – 7:15 p.m., \$50 per session

Formal swim lessons and water safety education program as governed by American Red Cross.

Aqua ZUMBA

Mondays and Wednesdays, 7:00 p.m. – 8:00 p.m., \$20 per month

Aqua Zumba keeps the Zumba Fitness workout party going in the pool, this class is led by instructors who are certified to teach aquatic exercise.

Swing Out/Line Dancing

Wednesdays, 7:15 p.m. – 8:15 p.m., \$25 per month

Swing out is a fun "Two Step" dance class; you'll learn how to swing out with your partner and in the mix of things you will also learn line dancing.

Hip Hop Dance "Dancing from the SOUL" (Ages 4 - 18)

Mondays, 7:30 p.m. – 8:30 p.m., Wednesdays, 6:00 p.m. – 7:00 p.m., \$30 per month

Come and join this high energy dance class for youth; increase your rhythm and flexibility skills.

Senior Life Center:

Computer Class

Wednesdays, 10:30 a.m.

Enjoy computer access and topical classes for seniors. Learn to use a mouse and keyboard and other basic computer features.

Groom and Glamour Day

Wednesdays, 12:45 p.m. – 2:00 p.m.

A day set aside for senior men and women to be pampered. Services include: facials; women and men haircuts, eyelash tabbing for women, artificial eyelash strips for women, eyebrow and lip waxing; manicures and pedicures (men and women); nail art (hand drawn only, no jewels or rhinestones, etc.), shampoo and styles for woman.

Harmonizers/Sing-A-Long

Wednesdays, 1:00 p.m.

Majestic and musical voices to delight the ears.

Library:

Book a Geek!

This new service offered by the Lancaster Veterans Memorial Library allows patrons 1 on 1 time with an experienced instructor who can answer their computer questions.

How does it work?

1. Sign up 72 hours in advance for a one hour appointment during our Geeks' office hours.

Tuesday - Thursday

1:00 p.m. - 4:00 p.m.

2. Let us know what you would like to cover during your appointment.
3. Come and learn!

Email Basics

Wednesday, January 28, 2015, 10:30 a.m.

Students will create a Gmail address and learn how to use email. Topics will include reading email, managing your inbox, sending email, and adding attachments.

Family Story Time

Wednesdays, 4:00 p.m.

Children of all ages are welcome to join us for this interactive story time complete with crafts, songs, and dancing!

Thursday, January 29, 2015

Recreation Center:

Pickleball

Monday - Thursday, 10:00 a.m. – 2:00 p.m.

A racquet sport that combines elements of badminton, tennis, and table tennis. paddles and balls will be provided.

Swim Lessons

Tuesdays and Thursdays, 5:30 p.m. – 6:15 p.m. and 6:30 p.m. – 7:15 p.m., \$30 per session

Formal swim lessons and water safety education program as governed by American Red Cross.

Youth Karate (Ages 4 - 16)

Tuesdays and Thursdays, 5:30 p.m. - 6:30 p.m., and 6:30 p.m. - 7:30 p.m., \$40 per month

Karate provides physical fitness, self-defense training, life discipline, and effective martial arts training.

Cycling Class (18 and Up)

Tuesdays and Thursdays, 6:30 p.m. – 7:15 p.m., \$30 a per month

Indoor cycling classes can increase energy, cardiovascular fitness and lower body strength. Depending on how fast you pedal and the amount of resistance you have on the bike, your heart and lungs will benefit, as well as your gluteus maximus, hamstrings and quadriceps.

Lancaster Tiger Sharks Swim Team Practice

Tuesdays and Thursdays, 6:30 p.m. – 7:30 p.m., \$50 per month

Competitive swim training and TAAF swimming regional competition preparation program.

Cheer/Tumbling (Ages 4 - 18)

Saturdays, 1:00 p.m. – 4:00 p.m., Thursdays, 5:30 p.m. – 7:30 p.m., \$40 per month

Cheer, tumbling and dance take courage and skills; in this class the students will learn coordination, social skills and gain confidence, with each step that they take.

Senior Life Center:

Crochet and Knitting Classes

Tuesdays and Thursdays, 10:00 a.m.

Join the delight of other seniors, designing items, through crochet and knitting. This class is open for all beginners and the experienced.

Card Making Class

Thursdays, 10:00 a.m.

Learn to make your very own personal greeting cards; Cost is \$1 per class.

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Friday, January 30, 2015

Senior Life Center:

Arts and Crafts (Jewelry Making Class)

Fridays, 10:30 a.m.

Bring your own materials to this class and learn how to make the latest designs in jewelry. No experience necessary.

Bingo

Fridays, 1:00 p.m.

Engage in a fun game of matching called out numbers on a card until someone yells BINGO (wins)!

Saturday, January 31, 2015

Recreation Center:

Spring Athletic Registration Event

Saturday, January 31, 2015, 12:00 Noon – 3:00 p.m., Cedardale Park

Come and register for the best athletics programming Lancaster has to offer! Baseball, Swimming, Swim Lessons, Soccer (Youth & Kick Start), Basketball and Golf will be open for sign up and play at this event of food, fun and recreation. Sign up for your regular sport or try a new one.

Zumba for Adults

Saturday mornings, 8:00 a.m. – 9:00 a.m., \$15 per month

Zumba is a fitness class that blends upbeat world rhythms with easy-to-follow choreography, for a total-body workout that feels like a celebration.

Morning Water Aerobics

Saturdays, 9:00 a.m. – 9:45 a.m., \$12 per month; \$5 drop in

Have you ever noticed how challenging it is to walk through a swimming pool? The resistance provided by water makes it a great course for all fitness levels. It is low-impact, yet increases stamina and strength.

DancerSize for Adults

Saturdays, 9:00 a.m. - 10:00 a.m., \$25 per month, \$8 drop-in

DancerSize is a line dance exercise class that allows you to dance your way through a fulfilling cardio workout.

Kick Start/U6 Soccer

Saturdays, 10:00 a.m. - 12:00 Noon, \$25 per month, \$35 and \$65

This eight week program (Saturdays,) at the Community Park Soccer Fields introduces youth 18 months to 6 years old to the game of soccer.

Open Swim

Saturdays, 12:00 Noon – 5:00 p.m., Admission \$5 Resident, \$7 Non Resident

The pool is open for use by the general public and monitored by a friendly, experienced and certified staff of lifeguards.

Cheer/Tumbling (Ages 4 - 18)

Saturdays, 1:00 p.m. – 4:00 p.m., Thursdays, 5:30 p.m. – 7:30 p.m., \$40 per month

Cheer, tumbling and dance take courage and skills; in this class the students will learn coordination, social skills and gain confidence with each step that they take.

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The City of Lancaster invites you to "like" the City on [Facebook.com/CityofLancasterTX](https://www.facebook.com/CityofLancasterTX), follow us at [Twitter.com/Lancaster_TX](https://twitter.com/Lancaster_TX) or register for weekly e-mail alerts regarding upcoming events on our website at www.lancaster-tx.com by clicking on "Notify Me".

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