

# CALENDAR ADVISORY



**For Immediate Release**  
**Thursday, February 16, 2012**  
**Contact:** Alicia Hills-Oyedele  
Assistant to the City Manager  
(972) 218-1303 office  
(972) 275-0921 fax  
[aoyedele@lancaster-tx.com](mailto:aoyedele@lancaster-tx.com)

## **Lancaster Recreation Center Offers Free Parent Support Groups**

**Lancaster, TX** – Beginning Thursday, February 16, 2012, the Lancaster Recreation Center will be offering free parent support groups for teen and adult parents every Thursday until March 8, 2012. The theme of this series is “It Takes a Village”. The teen parent group will meet at 6:00 p.m. and the adult parent group will meet at 7:00 p.m. Topics to be discussed include roles and responsibilities of a parent, ages and stages of development and effective discipline to name a few.

Free childcare will be available for children one to nine years of age and infants are welcome to sit with parents through the class. Space is limited and those who attend all scheduled classes will receive a free Recreation Center membership for one year and a certificate of completion.

Further details can be found at [www.lancaster-tx.com](http://www.lancaster-tx.com) or you can feel free to call 972-218-3712. The Lancaster Recreation Center is located at 1700 Veterans Memorial Parkway.

The City of Lancaster invites you to “like” the City on [Facebook](https://www.facebook.com/lancaster-tx), follow us on [Twitter](https://twitter.com/lancaster-tx), or register for e-mail alerts regarding upcoming events on our website at [www.lancaster-tx.com](http://www.lancaster-tx.com) by clicking on “Notify Me”.

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