



# CALENDAR ADVISORY

For Immediate Release

Wednesday, May 16, 2012

**Contact:** Amber Dorsey  
Community Relations Assistant  
972-218-1303 (Office)  
adorsey@lancaster-tx.com

## **Community Fitness & Finance Fair on Saturday, May 26<sup>th</sup>**

**Lancaster, TX** – The City of Lancaster and co-sponsor Edward Jones presents a Fitness and Finance Fair on Saturday, May 26, 2012 starting at 10:00 a.m. until 2:00 p.m. at the Lancaster Recreation Center. Those who attend this free event will be entered to win a variety of prizes including an iPad 2!

Edward Jones Financial Advisor Karen McClary will be conducting personal finance seminars on topics such as retirement planning, ROTH IRAs, social security and other topics of interest. The event will also include various wellness opportunities including blood pressure checks, diabetes and skin cancer screenings, prostate cancer screenings, nutrition information, fitness demonstrations, Recreation Center Atrium tours and other assorted resources and opportunities. Fitness demonstrations will be held during the following times:

10:30 am- 11:00 am- Zumba  
11:00 am – 11:30 am – Karate  
12:30 am- 1 pm – Water Aerobics  
1:00 pm – 1:30 pm - Zumba

For more detailed event information call 972-218-1300 or visit [www.lancaster-tx.com](http://www.lancaster-tx.com).  
The Lancaster Recreation Center is located at 1700 Veterans Memorial Parkway.

The City of Lancaster invites you to “like” the City on [Facebook](https://www.facebook.com/cityoflancaster), follow us on [Twitter](https://twitter.com/cityoflancaster), and register for weekly e-mail alerts at [www.lancaster-tx.com](http://www.lancaster-tx.com) by clicking on “Notify Me.”

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