



CALENDAR ADVISORY

For Immediate Release

Friday, August 9, 2013

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City of Lancaster Fall Activities & Programs

Lancaster, TX – The City of Lancaster invites you to participate in the following upcoming activities and programs:

Lancaster Veterans Memorial Library

Toddler Time resumes Tuesday, August 20, 2013, 10:00 a.m.

Join us every Tuesday at 10:00am beginning August 20, 2013 for a thirty minute program of stories, songs and a simple take-home craft project for the young ones in your family.

NEW CLASS! Introduction to Adobe Photoshop Elements 10, Thursday, August 8 and Thursday, August 22, 2013, 6:00 p.m. - 7:45 p.m.

This two hour class will teach the use of the organizer, and some photo editing basics. Please bring your own flash drive (USB memory stick) to save your work.

Pajama Time Stories, Mondays, 7:00 p.m.

All ages will hear stories and sing songs. Stories are read in Spanish and English on the first Monday of the month.

Craft & Chat, Thursdays, 1:00 p.m. - 3:00 p.m.

Bring your current craft project and make new friends while you show it off! All ages, all crafts are welcome in this informal group.

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Climb Your Family Tree, Thursdays, 5:30 p.m. – 7:30 p.m.

An experienced researcher from the Lancaster Genealogical Society will be available in the Library's Genealogical Resource Center to help beginners and others in their family history search.

Family Story Hour, Saturdays, 3:00 p.m.

Everyone is invited to hear stories, make a take home craft project and sing songs.

Computer Classes

Please register at the Library's Information Desk, or call 972-227-1080, to participate in these free, one hour sessions. Class size is limited.

Saturday, August 3, 2013

10:30 a.m. Basic Computing
1:00 p.m. Introduction to Mango Language Learning Software

Saturday, August 10, 2013

10:30 a.m. Creating a Digital Recipe Box
1:00 p.m. Introduction to Pinterest

Saturday, August 17, 2013

10:30 a.m. Basic Computing
1:00 p.m. Using LinkedIn

Saturday, August 24, 2013

10:30 a.m. Word Basics
1:00 p.m. Excel Basics

Saturday, August 31, 2013

10:30 a.m. Basic Computing
1:00 p.m. Using Email

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Introduction to Online Job and Career Resources, Tuesdays, 6:30 p.m.

Join us each Tuesday evening beginning, July 2, 2013 for an overview of the library's free online career and job resources, such as ResumeMaker and Job and Career Accelerator.

Computer Basics for Seniors, Wednesdays, 10:30 a.m.

Learn to use a mouse and keyboard, and other basic computer features. These events are free of charge and open to the public. The Library is located at 1600 Veterans Memorial Parkway. For further information and directions please call (972) 227-1080.

Lancaster Recreation Center

Dive In Movie Night, August 16, 2013, 7:30 p.m.

Every third Thursday of the month - enjoy a feature film while relaxing in the water. Concessions available, floats permitted. Admission is free (w/valid Rec ID Card and all ages are welcome).

Lancaster Recreation Center Fall Program Preview

Whether you are a current member or just starting your search for an all-inclusive recreation experience, our fall program preview can and will accommodate your needs. We have several new programs starting and current programs looking for new participants!

August 20, 2013	6:30 p.m. – 8:30 p.m.
August 22, 2013	6:30 p.m. – 8:30 p.m.
August 24, 2013	12:00 Noon – 3:00 p.m.

Lancaster Recreation Center S.A.F.E. After School Program, Monday – Friday, 3:30 p.m. - 6:30 p.m.

Pickup provided from: Houston Elementary, Belt Line Elementary, and Lancaster Elementary, Rosa Parks Millbrook Elementary, Pleasant Run Elementary, Rolling Hills Elementary, West Main Elementary, G.W. Carver 6th Grade STEM Learning Center, and Elsie Robertson Middle School.

Open to grades K - 8

\$85.00 a month for 1st child

\$70.00 a month each additional child

Move Your Body-Youth Dance Combo, Mondays, 5:00 p.m. - 6:00 p.m. & 6:00 p.m. -7:00 p.m.

Learn several different styles of dance! Youth will learn elements of lyrical, jazz, hip hop and ballet techniques, with a focus on leading healthy, active lifestyles.

Ages 6 – 16

\$25.00 a month

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Ultimate Tumbling, Mondays, 5:00 p.m. - 6:00 p.m. & 6:00 p.m. - 7:00 p.m.

Lancaster Recreation Center's Ultimate tumbling program is structured and provides age-appropriate techniques that incorporate activities of all kind that work on coordination, agility, strength, and, flexibility.

Ages 6 – 16

\$30.00 a month

Youth Karate, Tuesdays, 5:30 p.m. – 6:30 p.m. & 6:30 p.m. – 7:30 p.m.

Karate provides physical fitness, self-defense training, life discipline and effective martial arts training.

\$40 a month

Tumbling Tots, Wednesdays, 6:00 p.m. - 7:00 p.m.

Tots love to tumble at Lancaster Recreation Center! Your preschooler will learn the fundamentals of tumbling and play tons of floor games

Ages 2 - 5

\$20.00 a month

Tutus & Tap, Thursdays, 5:30 p.m. - 6:30 p.m. & 6:30 p.m.-7:30 p.m.

Tots love to dance! Introduce your child to ballet, tap rhythms and games to improve their coordination and confidence.

Ages 3 - 5

\$25.00 a month

Open Registration for Youth Soccer

Register at the Lancaster Recreation Center - \$75 per player (does not include uniform). Play begins throughout North Texas Saturday at Community Park Soccer fields.

Ages U8 - U16

Open Registration for Kick Start

Cost is \$50 per player (does not include uniforms. Practice will be held every Thursday and game days will be Saturday at Community Park Soccer fields.

Ages 18 months – 3 years **and U6** age soccer

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Open Registration for Swim Lessons

Swim lessons are held Tuesday and Thursday at 5:30 p.m. and 6:30 p.m. at the LRC pool. Lessons are in two week intervals (4 lessons). Please call the LRC front desk for the beginning date of the next session at 972-218-3700.

\$30 per swimmer, levels 1-3 available.

Open Registration for Water Aerobics classes:

- M-F (9:00 a.m. - \$30 per month)
- M-Th (5:50 p.m. - \$25 per month)
- Sat (9:00 a.m. - \$15 per month)
- Daily drop in to classes: \$5

Open Swim

LRC pool for the public is Monday – Saturday at 12:00Noon – 5:00pm.

Pool Admission is \$5.

Open Registration for the Jr. Mavericks & Lady Mavs Fundamentals Development Basketball Program

Program begins in October at LRC gym - \$75 per player - ends in December. Uniform not included for season. Register at the LRC front desk.

Open Registration for the Tiger Sharks City Swim Team

Swimmers are developed in traditional strokes and compete in Lancaster Meets as well as TAAF Recreational State Competition - \$50 per month. Training season begin in October Register at the LRC front desk.

Open Registration of Women's Volleyball

Teams will be formed for fall play from registration list. Games will be held at the LRC gym. Participation is free with recreation ID card. Sign up at the LRC front desk.

Adult Softball Registration Open

Play begins September at City Park fields - \$300 per team. Register at the LRC front desk.

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Lancaster Senior Life Center

Nutritional Congregate Meal Program (Daily)

This daily lunch program ensures a nutritious meal for seniors ages 60+. It is free, and seniors do not have to be a member of the Lancaster Senior Life Center. Eligible participants must complete an intake form and nutrition assessment prior to participating in the program, which is sponsored in part by the Dallas Area Agency on Aging and the Texas Department of Aging and Disability Services. Center members ages 50 - 59 can purchase the lunch for an additional fee.

Water Aerobics

Every 3rd Wednesday for Senior Center Members at the Lancaster Recreation Center at 10:30 a.m. - designed for participants to stay healthy and fit.

Card Making

Create your own greeting cards and enjoy the time of fellowship with other seniors.
Thursdays 10:00 a.m. - \$1/class.

Sewing/Quilting (Daily)

For experienced seniors or beginners - Enjoy this atmosphere of creating items through the art of sewing and quilting. Bring your own material. A quilting horse is provided.

Computer Room

Enjoy computer access and classes while participating in daily Senior Life Center activities. Classes take place on Thursdays at 1:00 p.m. and Fridays at 10:30 a.m. We also offer computer open lab time for experienced users.

Harmonizers

Do you enjoy singing or listening to music? Join our musical voices. We meet each Wednesday at 1:00 p.m.

Crochet /Knitting

Join the delight of other seniors, designing items, through crochet and knitting. This class is open for all beginners and the experienced.

Tuesdays and Thursdays at 10:00 a.m.

Zumba Gold

Show aging who's boss with grooving and exciting dance fitness workouts.

Every Monday and Friday at 11:00 a.m.

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For more information, please call 972-218-3700 or visit www.lancaster-tx.com. The Lancaster Veterans Memorial Library is located at 1600 Veterans Memorial Parkway, the Lancaster Recreation Center is located at 1700 Veterans Memorial Parkway and the Lancaster Senior Life Center is located at 240 Veterans Memorial Parkway.

The City of Lancaster invites you to “like” the City on [Facebook](#), follow us on [Twitter](#), or register for weekly e-mail alerts regarding upcoming events on our website at www.lancaster-tx.com and clicking on “Notify Me.”

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